

Introduction to Deborah Bible Lesson

Our lesson this week will focus on Deborah, one of the judges whose story is found in Judges 4:1-23. The Judges were the leaders of Israel between the time of the conquest of the Promised Land and the crowning of their first king. Some of the main points we will examine are:

- We should trust God even when no one else does.
- Our faith can help others trust God.
- God forgives us when we cry out to Him.

Lesson guide

Remind the child of Joshua and how he led Israel to conquer their new land. Explain that after Joshua died, judges took over leading Israel.

Talk about how judges are people who enforce the law. Set up five or six stuffed animals or toy cars. Make up a law such as every teddy bear must wear a ribbon (be sure that at least one of the toys breaks the rule you have selected) and a punishment the bear would receive for breaking the law (such as sitting in the corner). Discuss and help your child figure out which toy(s) are breaking the rule. Explain that a judge would have to send the bear to the corner for punishment because their job is to follow the law.

Talk about traffic laws such as stopping at a stop sign or red light. Explain that the laws are there to protect us and that if people break them, they might have to go see a judge to get punished.

If your child is old enough, you may consider an additional game of allowing them to judge between more real-life problems. One example would be two little girls each have a doll. One steals the other's doll, what does your child think would be a suitable consequence? Allow the child to think about this on their own, and then discuss their answer. Look up scriptures such as Ephesians 4:28 to explain what God says about the consequence/punishment for stealing.

Talk about how scared Barak was to do what God told him to do. Point out that Deborah agreed to help him, and that her faith helped Barak trust God. Talk about how sometimes we need someone else's help to do something. Point to some candy out of the child's reach. Ask if they can reach it on their own. Explain that if they ask you for help, together you can retrieve the sweet.

Talk about how the Israelites are in trouble because they disobeyed God, but that God forgave them and helped them when they repented. Celebrate that God forgives us when we ask Him.

Prayer Time: Pray with your child and ask Jesus to help you both follow Him and help each other obey Him. Thank God that He forgives people. Ask Him to help you to share your faith with others and to encourage them. Thank God for the people who help you.

Video Playlist



and Worship
Time Songs



God gave the children of Isreal a beautiful place to live, but the people forgot about God and did bad things.

This got them into trouble.

An enemy took over their land and was cruel to them. The man in charge of the enemy was called Sisera.



Deborah loved God. She was so wise that everyone listened to her. God would give her special messages to tell the people.

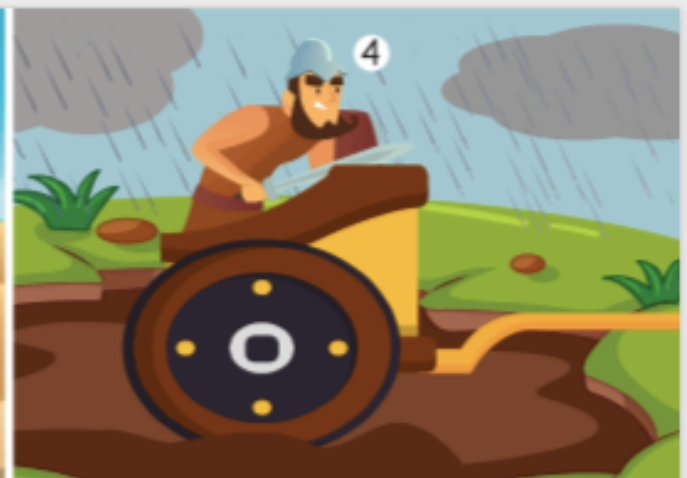
One day, God told her to call Barak, the leader of Isreal's army and tell him to go into battle with Sisera because God would let him win.



Barak was scared. He knew the enemy was very strong. They had a much bigger army and 900 chariots.

Barak said he would only go if Deborah went with him.

Deborah believed God and went into battle with Barak.



When the battle was ready to begin, it started to rain.

It rained so much the land became very muddy, and the chariots got stuck in the mud.

Sisera's army began to run away.

God kept His promise and saved His people.

COLLECT LEAVES

As you go for a walk with your child, collect as many different leaves as you can find. Talk about how different they all are. Use the collected leaves in the following activities:

- 1) Have a race blowing leaves across a table or another flat surface
- 2) Play Leaf Tic-Tac-Toe
- 3) Do some leaf rubbings - a great way to enjoy the differences of each leaf

STUCK IN THE MUD GAME

This is a classic game that is best with at least four people.

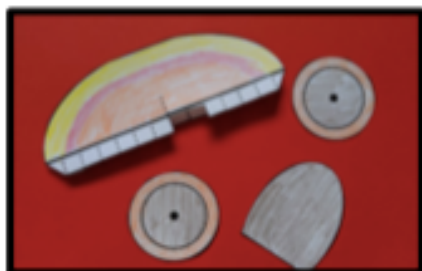
Select one person to be 'it' - who must tag another player. That player must stop with their arms out (stuck in the mud). Another player can unstuck them by going under their arms or legs.

'It' wins when all players are 'stuck in the mud'.

CHARIOT CRAFT

MATERIALS: Template, white card stock, colored pencils or crayons, clear packing tape, glue, scissors, 1 large straw, 1 narrow straw, small craft stick

What to do



Print out the template onto white card, colour and cut



Fold flaps and glue to tape onto base section



Tape the larger straw under the base



Insert fastener pins through the middle of each wheel.



Insert the smaller straw stick through the larger straw and attach a wheel onto each side using tape.



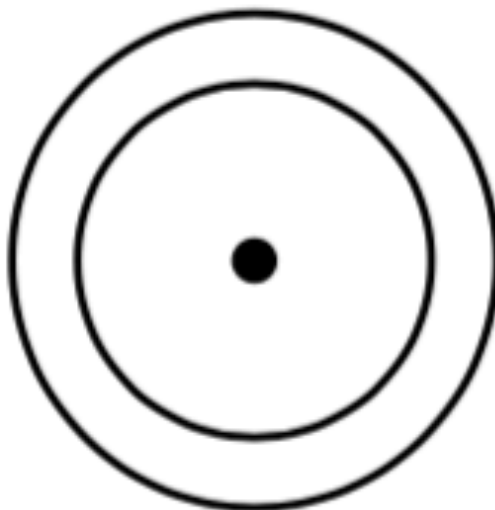
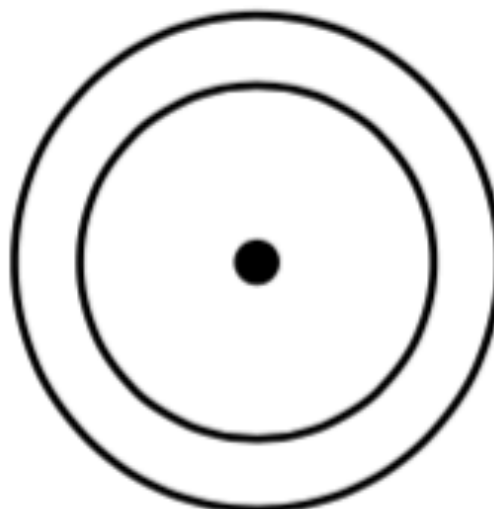
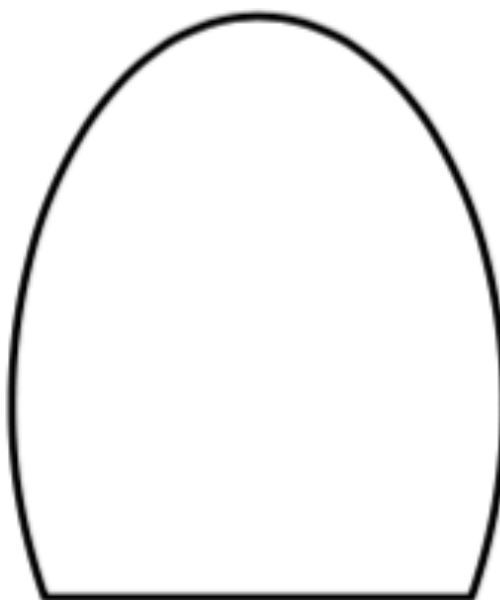
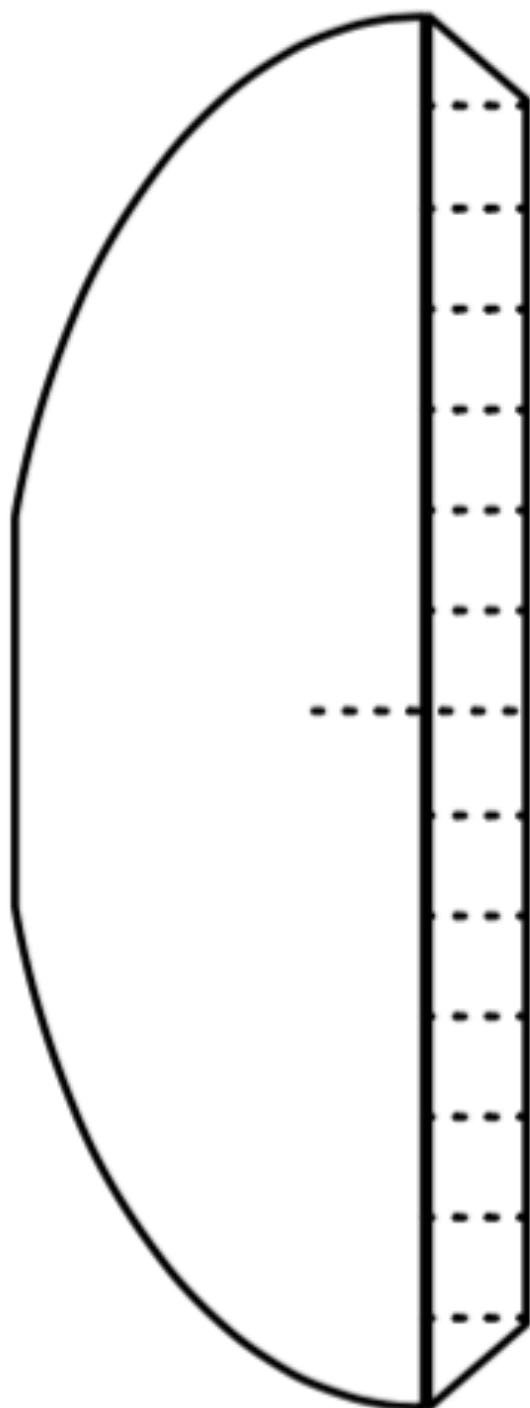
Insert a lollipop stick through the space in the front of chariot. Glue into place.

If you have extra time, you could add a toy horse to the chariot or the paper one that is provided on the following pages

Print on white cardstock

Fold chariot on dark line

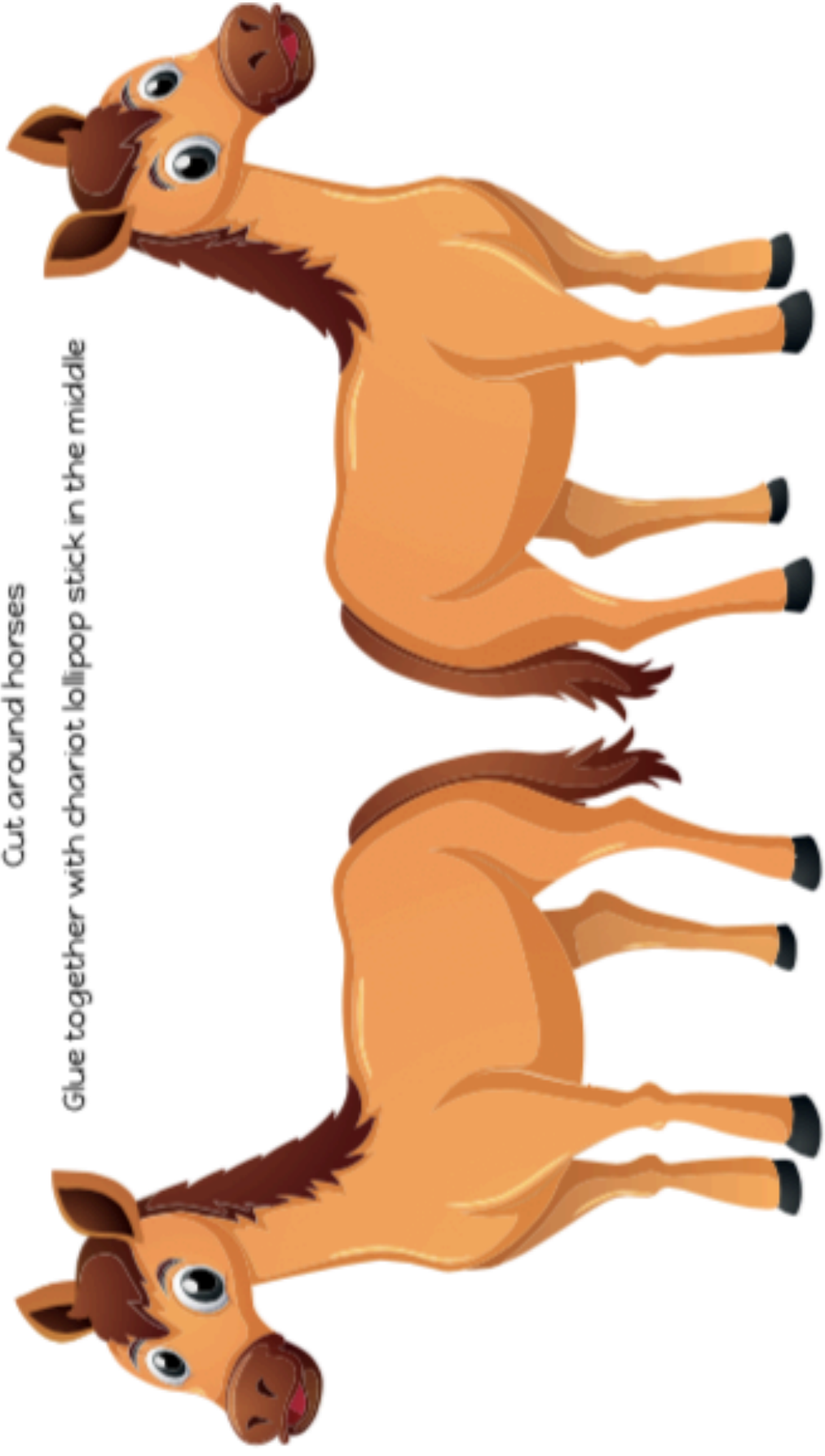
Snip on dotted lines

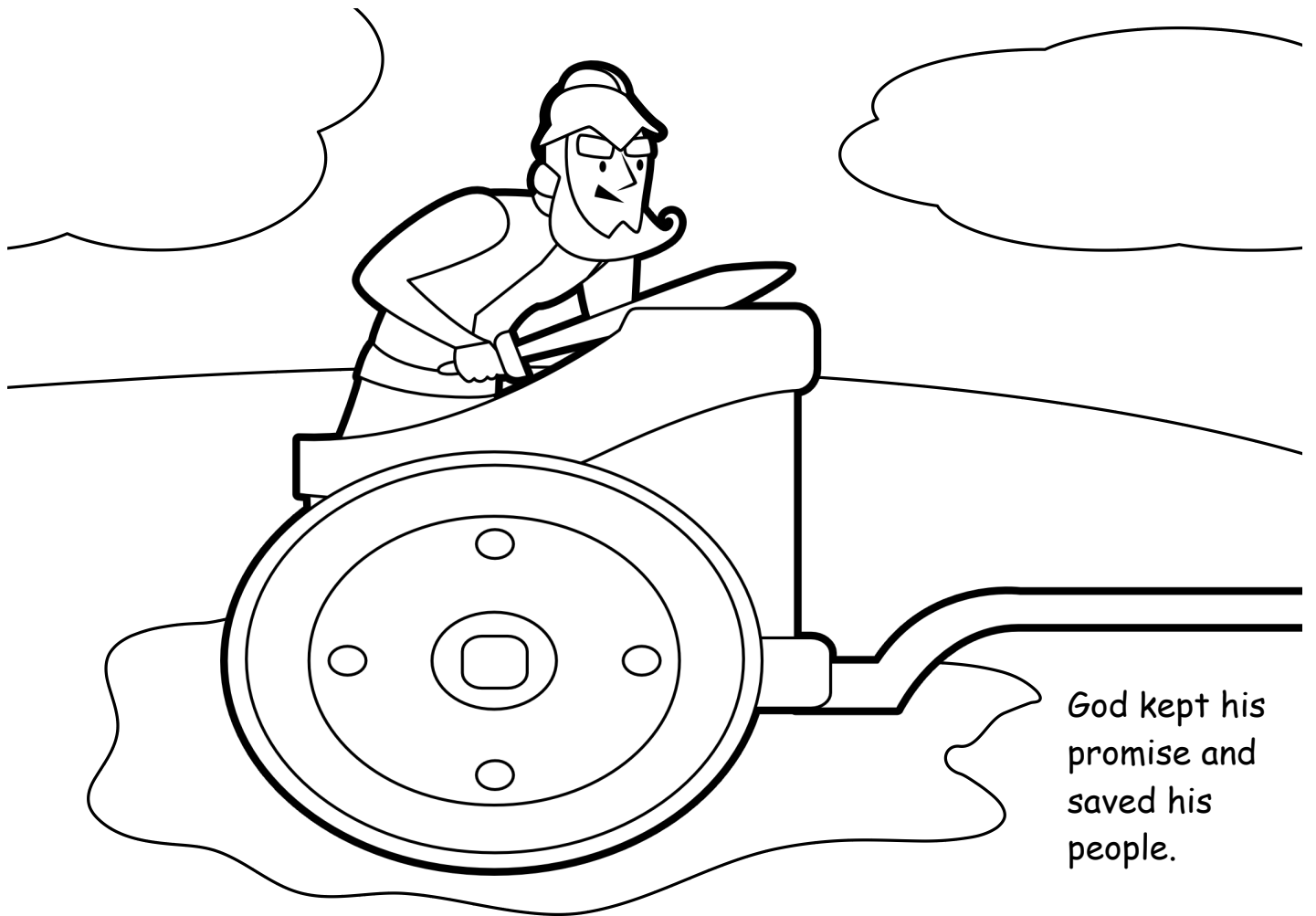
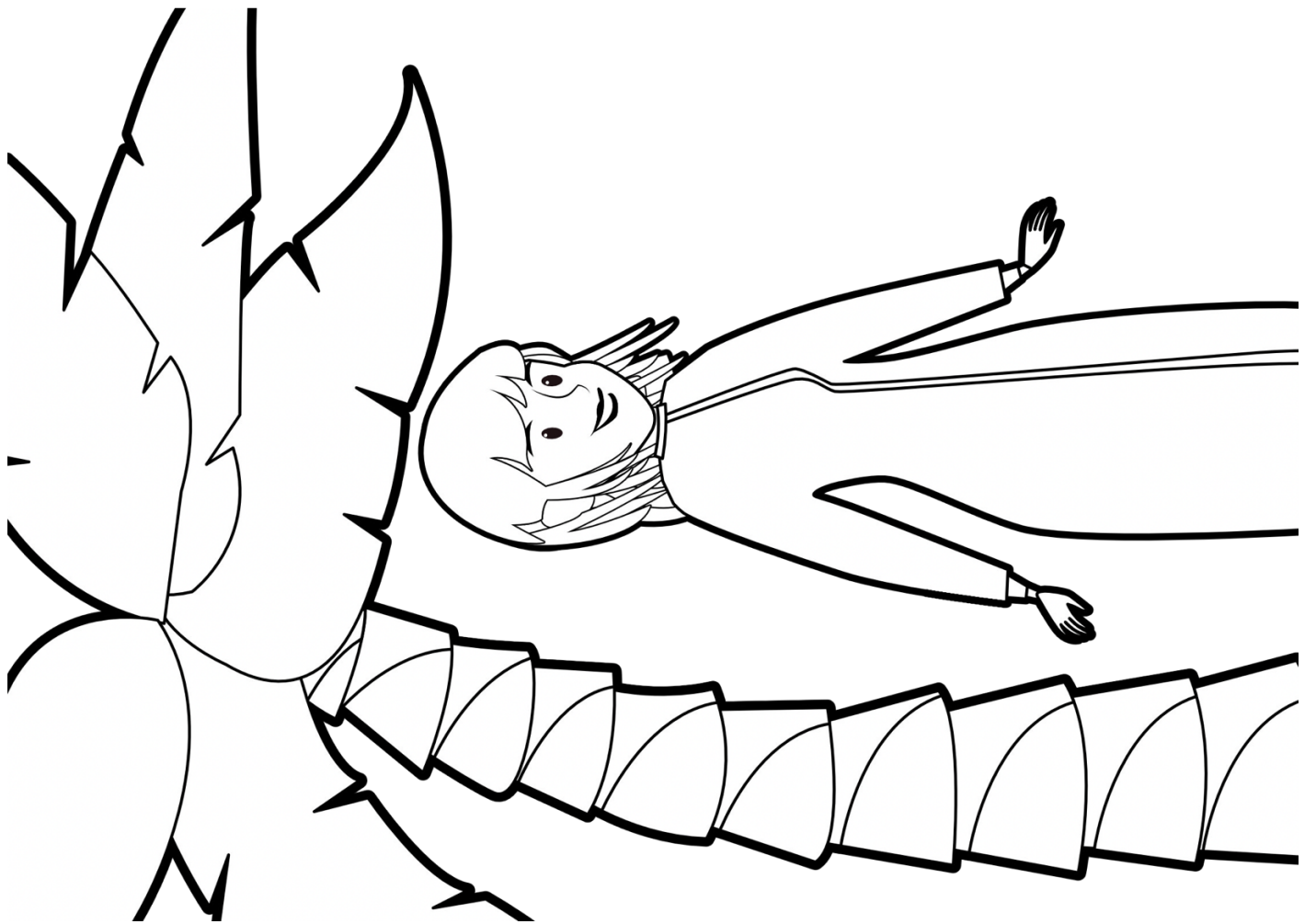


Print onto white card

Cut around horses

Glue together with chariot lollipop stick in the middle





God kept his
promise and
saved his
people.